



MIGRANT WOMEN EMPOWERMENT

ADDITIONAL ACTIVITIES W2

1. WORLD MAP ACTIVITY

Goal of the Activity: The goal of the World Map Activity is to foster cultural exchange, raise awareness about the challenges faced by women in different countries regarding their rights and migration, and create a sense of solidarity among participants.

Scenario:

Preparation: Before the workshop, the facilitator prepares a large world map and pins to mark the countries. The map should be visible to all participants.

Introduction: At the designated time, the facilitator introduces the activity by explaining its purpose – to learn about each other's cultural backgrounds and the unique challenges women face in different parts of the world.

Marking Countries: Each participant is given a pin or a small sticker to mark their country of origin on the world map. They can also write their names or initials next to the pin.

Sharing Challenges: After marking their countries, the facilitator goes around the room, inviting each participant to briefly share one challenge related to women's rights or migration in their country. It could be a legal or societal barrier, a lack of opportunities, or any specific issue affecting women.

Discussion: As participants share their challenges, the facilitator encourages brief discussions and reflections from others in the group. Participants can ask clarifying questions or express their support and understanding.

Common Themes: As the sharing and discussions progress, the facilitator may guide the group to identify any common themes or recurring challenges faced by women across different countries.





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Empathy and Solidarity: Throughout the activity, the facilitator emphasizes the importance of empathy and solidarity among participants, acknowledging that while experiences may vary, the overall objective is to work collectively towards improving the status of women globally.

Wrap-up: Towards the end of the activity, the facilitator summarizes the key challenges shared during the activity and thanks participants for their openness and willingness to engage in meaningful discussions.

The World Map Activity allows participants to gain insights into the diverse issues faced by women in different countries, promoting cross-cultural understanding and empathy. It also sets the foundation for further discussions and activities throughout the workshop, encouraging participants to explore potential solutions and collaborative efforts to address these challenges.

2. Role-Playing Scenarios

Goal of the Activity: The goal of the Role-Playing Scenarios is to create a safe and interactive space for participants to empathize with the challenges faced by women in leadership positions or during migration. By engaging in role-playing, participants can explore different perspectives and brainstorm potential solutions to address these challenges.

Scenario:

Introduction: The facilitator introduces the Role-Playing Scenarios activity, explaining that participants will engage in role-playing to better understand and address real-life challenges faced by women in leadership roles or during migration.

Group Formation: Participants are divided into small groups, and each group is assigned a specific role-playing scenario. The facilitator ensures that the scenarios represent diverse challenges faced by women in various cultural and geographical contexts.





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Scenario Setup: Each group is provided with a brief description of their scenario, including the characters involved, the setting, and the key challenges faced by the women in the scenario.

Role-Playing: Participants within each group take on different roles and act out the scenario. They immerse themselves in the roles of the characters, considering their emotions, motivations, and constraints.

Interactive Exploration: As the role-playing progresses, the facilitator may occasionally pause the scenes to ask participants how they think the characters feel and what difficulties they encounter. This encourages deeper empathy and understanding of the challenges.

Brainstorming Solutions: After completing the role-playing scenes, each group engages in a brainstorming session to come up with potential solutions to address the challenges faced by the women in their scenario. They can consider practical strategies, support systems, and policy changes.

Scene Improvisation: To promote creativity, groups are given an opportunity to improvise and act out alternative scenarios where the characters apply the solutions they brainstormed. This allows for dynamic problem-solving and exploration of different outcomes.

Group Presentations: Each group presents their original role-playing scene and the improvised scene with the implemented solutions. After each presentation, other participants can provide feedback and additional suggestions.

Reflection and Discussion: Following the presentations, the facilitator leads a discussion where participants share their observations, lessons learned, and insights gained from the role-playing activity. They discuss the feasibility and potential impact of the proposed solutions.

Closing Remarks: The facilitator wraps up the activity by emphasizing the importance of understanding and addressing the challenges faced by women in leadership positions or during migration. Participants are encouraged to carry the lessons learned into their advocacy and support for women's rights.





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The Role-Playing Scenarios activity provides participants with a deeper appreciation for the complexities and obstacles faced by women in leadership and migration situations. By actively engaging in problem-solving through role-playing, participants gain insights into potential solutions and the importance of collective efforts in advancing women's rights and empowerment.

Scenario 1: The Leadership Glass Ceiling

Characters:

Sarah: A highly qualified and experienced woman seeking a promotion to a top leadership position within a multinational corporation.

David: A male colleague with similar qualifications who is also vying for the same promotion.

Amanda: The company's HR manager responsible for the promotion decision.

Challenge:

Sarah faces gender bias and stereotypes that hinder her chances of getting the promotion. She must navigate through office politics and prove her leadership abilities to break the glass ceiling.

Scenario 2: Migration and Integration

Characters:

Amina: A young woman who migrated to a new country seeking a better life and job opportunities.

Lisa: A local colleague trying to be supportive but struggling to understand Amina's cultural background and experiences.

Manager: A supervisor responsible for ensuring a smooth integration of Amina into the workplace.

Challenge:

Amina faces cultural differences, language barriers, and feelings of isolation in her new environment. The scenario explores how to foster a welcoming workplace and support Amina's integration into the team.

Scenario 3: Advocating for Women's Rights in a Conservative Society

Characters:

Fatima: A passionate activist advocating for women's rights in a conservative society.

Jamal: A traditional community leader resistant to change and skeptical of women's rights movements.

Samira: A young woman seeking Fatima's help to overcome barriers to education and equal opportunities.

Challenge:

Fatima faces opposition and resistance from traditional community leaders like Jamal while trying to advocate for women's rights. She must find a way to engage with them constructively and mobilize support for positive change.





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Scenario 4: Empowering Migrant Women in the Workforce

Characters:

Maria: A migrant woman with limited language skills and work experience, seeking employment to support her family.

Karen: A social worker at a migrant support organization offering guidance and job training programs.

Employer: A local employer willing to provide opportunities but uncertain about hiring migrants.

Challenge:

Maria encounters barriers to finding suitable employment due to language and cultural barriers. Karen must work with the employer to address concerns and create opportunities for Maria's empowerment in the workforce.

These scenarios can serve as starting points for the Role-Playing activity during the workshop. They cover a range of challenges faced by women in leadership and migration contexts, promoting meaningful discussions and brainstorming solutions among participants.

3. Storytelling: gender equality & human rights

Goal of the Activity : The primary objective of storytelling as an activity for migrant women on gender equality and human rights is to provide a platform for women to share their personal experiences and perspectives.

Scenario :

Setting the Context

Facilitator will begin the session with a brief introduction about the purpose of the storytelling, emphasizing the importance of sharing personal experiences to raise awareness and foster understanding.

Will Provide an overview of gender equality and human rights concepts, ensuring that everyone has a basic understanding of the topics before starting the storytelling.





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- ### Storytelling Round

Encourage each participant to share their personal stories related to gender equality and human rights. The stories can revolve around experiences of empowerment, challenges, resilience, or moments of change.

Ensure active listening from all participants, and avoid interrupting or judging the storytellers. Let each woman share at her own pace, and offer support if needed.

After each woman shares her story, the facilitator can lead a discussion, inviting others to respond with empathy, encouragement, or reflections on the shared experiences.

Encourage participants to identify common themes and challenges, fostering a sense of solidarity and mutual support.

- ### Group Reflection

Take time to reflect on the overall experience and insights gained from the storytelling session.

Discuss how the stories relate to broader gender equality and human rights issues.

Facilitate a dialogue about potential solutions, resources, or support systems that can help address the challenges faced by migrant women in their pursuit of equality and rights.

- ### Closing Remarks

End the session by expressing gratitude to all participants for their openness and willingness to share their stories.

Emphasize the importance of continuing the conversation and taking action to promote gender equality and human rights within their communities.

Through storytelling, the project aims to achieve the following:

Empowerment: Storytelling allows migrant women to reclaim their narratives, giving them a voice and agency to express their thoughts, challenges, and successes. This process fosters a sense of empowerment, as women feel heard, acknowledged, and validated.





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Awareness and Understanding: By sharing their stories or others migrant women can raise awareness among themselves and the broader community about the unique struggles and issues they face related to gender equality and human rights. It promotes understanding, empathy, and solidarity, breaking down stereotypes and prejudices.

Advocacy and Policy Impact: Powerful personal stories have the potential to influence policymakers and stakeholders, or in case this case understand the laws in host country and understanding the environment related to this topics providing them with firsthand accounts of the challenges faced by migrant women. This can contribute to the development of more inclusive policies and initiatives that protect women's rights and promote gender equality.

Note: Ensure confidentiality and sensitivity throughout the storytelling session. Always respect the participants' boundaries and cultural norms, allowing them to share only what they feel comfortable sharing. Additionally, consider providing resources and support services to those who might need further assistance after the session.

Example provided by mentor :

Title: "Breaking Barriers, Rising Together"

"My name is Amina, and I come from a small village in Somalia. Growing up, I always dreamt of becoming a teacher, but that dream seemed impossible. In my community, girls were expected to marry young and take care of the household. Education for girls was often seen as unnecessary.

But I was determined to challenge these norms. I secretly borrowed books from the local school and taught myself to read and write. My parents were against it at first, but I persisted, and eventually, they saw my dedication.

When I turned 17, my family decided to move to a neighboring country due to the unrest in our region. It was a difficult journey, and we faced many challenges along the way. But we made it, and here I am now, a young woman in a new country, hoping to find a path to my dreams.

At first, the language barrier was tough, and I felt isolated. But then, I met a group of other migrant women like me who were passionate about education and women's rights. Together, we formed a support network, helping each other with language lessons and finding ways to continue our studies.

Through this network, I discovered an organization that supported girls' education. They believed in my potential and offered me a scholarship to attend a local college. It was like a dream come true! I couldn't believe that someone believed in me enough to invest in my education.





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Now, I'm in my second year of college, studying to become a teacher. I want to be a role model for other girls who face similar challenges. My journey has taught me the power of determination, support from fellow women, and the importance of fighting for gender equality.

I believe that education is the key to breaking barriers for women like me. I want to empower other migrant women and girls to chase their dreams, just as I did. Together, we can rise above the challenges, create change, and build a world where every woman's voice is heard and respected."

Note: This example story is a fictional narrative created for purposes of session, and it represents the types of empowering stories that migrant women might share during the storytelling session. The experiences and challenges faced by migrant women are diverse and unique to each individual.

Storytelling serves as an educational tool, raising awareness about gender equality and human rights issues. It facilitates learning by connecting facts and statistics with real-life experiences, making the subject matter more relatable and memorable.

Overall, storytelling as an activity for migrant women on gender equality and human rights is a powerful tool for advocacy, empowerment, and social transformation. It creates a safe space for women to share their stories, fostering a sense of belonging and inspiring collective action towards a more inclusive and just society.

4. Collaborative Art Project

Goal of the Activity : Increase awareness within the community about the importance of gender equality and human rights through artistic expression

Scenario : Theme and Concept Development

Collaborate with the participants to develop a theme by teams for the art project that revolves around gender equality and human rights. Encourage open discussions and brainstorming to ensure everyone's ideas are considered.

Facilitator will create a concept for the artwork that conveys the message of empowerment, inclusion, and the fight against gender-based discrimination.





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- ### Guided Art Session

Organize guided art session where participants can come together and work on the collaborative artwork. Facilitator will provide guidance and support as needed, but also allow for individual creative expression.

Encourage participants to share their personal stories and experiences related to gender equality and human rights. These narratives can inspire and inform the art-making process.

- ### Symbolism and Imagery

Facilitator will describe and explain symbolic elements and imagery into the artwork that represent the struggles and triumphs of migrant women in their pursuit of gender equality and human rights.

Discuss the meaning behind each chosen element to ensure that the artwork is meaningful and representative of the participants' collective experiences.

- ### Inclusivity and Collaboration

Foster an inclusive environment where every participant feels valued and heard throughout the art project. Encourage collaboration and teamwork to create a sense of unity among the participants. Promote cross-cultural exchange by integrating elements from different cultural backgrounds into the artwork.

- ### Exhibition and Reflection

Once the collaborative art project is complete, create opportunities for participants to share their stories and reflections during the exhibition among members and if is possible at ending sessions have visitors or guests can be more meaningful.

Overall, a collaborative art project for migrant women based on gender equality and human rights provides a platform for expression, dialogue, and community building. Through creative collaboration, the artwork becomes a powerful means of advocating for change, celebrating diversity, and promoting the rights of migrant women in their new communities.





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5. Cinema day

- Goal of the Activity : Increase awareness within the community about gender equality and human rights issues, particularly those affecting women, through the medium of film. As well provide educational opportunities by selecting and screening films that shed light on women's rights, gender-based violence, discrimination, and other relevant topics, fostering a deeper understanding among attendees.

Scenario :

- Film Selection: A careful selection of film that address relevant issues, celebrate women's achievements, and provoke thoughtful discussions was made. This ensured that the event would effectively convey the intended messages.
- Venue and Logistics: A suitable venue with the necessary equipment and facilities for screening films was secured. Logistics such as scheduling, ticketing, and marketing were planned meticulously.

Event Execution

- Screening and Discussions: The film screened, followed by facilitated discussions that encouraged attendees to reflect on gender equality and women's rights issues portrayed in the movie.
- Guest Speakers: Invited experts and advocates provided insights and context to the films and engaged in discussions with the audience.
- Community Engagement: Local women's rights organizations were invited to set up information booths to engage attendees in advocacy efforts and provide resources.

The cinema movie day can bring to light various issues, including gender-based violence, discrimination, and underrepresentation, which are crucial for creating awareness and empathy. It can inspire to act as awareness is a vital step towards action. By educating the community about these issues, the activity encouraged attendees to become advocates for change.

