

W3

# Icebreaker & Activity

## Icebreaker Colorful confession

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1. This icebreaker works best with groups of about 6 – 10.
2. use any multi-colored candies , consider 3 per participant.
3. Large piece of poster board or poster paper or in projector
4. Pass around the container of candy and have the ladies 1 or 2 pz of any colors they want. Make sure you tell them not to eat it...yet.
5. On the **poster board**, write the following ( change according **colors of brand candy chosen**) :



**Red** – What was the worst haircut you ever had?  
**Brown** – If a movie was made of your life what genre would it be and why  
**Orange** – What was your least favorite food as a child? Do you still hate it or do you love it now?  
**Yellow** – If you had to eat one meal everyday for the rest of your life what would it be?  
**Blue**: What is your favorite item you've bought this year?  
**Gold** : What is your favorite magical or mythological animal?  
**White** : What was the worst job you ever had?

6. Have each lady take a turn. **She should say her name and tell facts about her life depending on what colors of candy she chose.** When she's told something for each piece taken, her turn is finished.

If she chose two or more of the same color, have her tell multiple facts about that color topic or share an extra 'wildcard'. That will be a question that randomly someone will like to do to her .

7. **When everyone finishes, let them eat their candy!**

## Main Activity

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### The W bingo game

Group size: 20 or more

Time needed: 22-35 mins

One copy of the bingo card  
for each person

One pen per person

Small prize for winner

1. Distribute cards and pens to everyone in attendance.

2. Speech: Today we're going to play a game of bingo with a twist! Your task for the next several minutes is to search the room for 1 women who match the descriptions listed on your bingo card. When you find a match, ask them to put their signature in that box. Search carefully though, as you can only have each woman sign ONE box. And search quickly as the first one to fill the entire card wins a prize. Let us know your card is full by shouting "Women!" Grab your pens and you may start NOW!

Notes:

If your group is smaller (40 – 20 women) have them collect 2 signatures per box filling a row of the entire card.

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## Let's collaborate

Group size: 20 or more

Time needed: 30-45 mins

1. These materials below are the for "complete/privilege" bag as it has all the materials and instructions in English, there should only be about 1-2 of the completed bags in the activity and the rest should have a few things missing to simulate inequity and need to work as a team community member

- 1 Gallon Size Freezer Bag
- 1 Set of instructions
- 1 Safety scissors
- ½ sheet of blue construction paper
- ¼ sheet of yellow construction paper
- 1 Glue stick or adhesive
- Sharpie marker or pen
- Optional: Smarties (to represent positive messages people receive in life about their identities)

- Optional: Dum Dums (to represent negative messages people receive in life about their identities)

2. Divide participants into 4-5 small groups and pass out bags with materials to each group. Let them know the directions and supplies are all the same.

- Is a contest of time to see who will be winner , which community/ team will finish first.

3. Speech for facilitator : Please do not open the bag until I say when. The goal for this activity is to complete this task under 5 minutes using the instructions provided. I will not have any helping role in this activity so please do not ask me any questions. If you have a limitation follow through with it until your team completes the task. The timer begins now!  
\*start timer for 5 minutes.

4. Even when have a winner point this to all , but let them finish the activity marking the time for each one.

Notes:

\* Example of limitation given at instructions : one group has directions in braille, one group can only use one hand, one group has their directions in Spanish, one group has to work with their eyes closed, etc. .

5. Facilitate the Questions for reflection / discussion for the group.

In our organizations and in our workplaces , daily life and communities we come in many different sizes, races and ability levels but we have a great task ahead of us to honor our and each other's identities, affirm each other's successes, and to be more mindful and inclusive as we go forward together creating better understanding lead to be able to build better communities , in which we work for a common goal.

- What came up for you during the activity?
- How does this activity relate to people who have limitations?
- Was the winning group the best group? Why or why not?
- Optional: For those who won or who had an advantage, why did you not assist those who did not have the same advantages?
- How has this activity influenced you going forward?